

Delirium

Geriatric Program

INTRODUCTION

- ❖ A sudden acute confusion state
- ❖ Common, serious and preventable source of morbidity and mortality for older hospitalized adults
- ❖ 30% of older hospitalized patients experience
- ❖ 15-25% experience delirium after surgery
- ❖ Increases hospital length of stay
- ❖ Organization increased financial burden

CAUSES

- D** Dementia
- E** Electrolyte Imbalances
- L** Lung, Liver, Heart, Kidney, Brain
- I** Infection
- R** R_x Drugs, Restraints
- I** Injury, Pain, Stress
- U** Unfamiliar Environment
- M** Metabolic

ASSESSMENT TOOL

- ❖ Confusion Assessment Method (CAM)
- Positive CAM Score**
 - ❖ Vital Signs
 - ❖ Treat Patient
 - ❖ Provide Safe Environment
 - ❖ Notify Provider
 - ❖ Request Delirium Order Set
 - ❖ Implement orders
 - ❖ Add Care Plans

CARE PLANS

- ❖ Hospitalized Acutely Ill Older Adult
- ❖ Acute Confusion
- ❖ Safety Awareness Impairment

NURSING INTERVENTIONS

Prevention

- ❖ Promote normal sleep-wake cycle
- ❖ Maintain appropriate lighting
- ❖ Remove unnecessary equipment
- ❖ Assist with meals
- ❖ Encourage family participation
- ❖ Provide glasses and hearing aids
- ❖ Encourage mobility
- ❖ Maintain quiet/calm environment
- ❖ Keep clock and calendar visible

DOCUMENTATION

Admission (Patient) from 3/28/20...		4/28/17	Last Filed Value
Neuro Assessments			
Neuro Assessment		ex	
CAM-1 Acute change or fluctuating	Yes		
CAM-2 Inattention	Yes		
CAM-3 Disorganized thinking	Yes		
CAM-4 Altered LOC	No		
CAM Score	Positive...		
Delirium	no sign...		
Delirium Interventions			
provider notified; patient room near nursing station			
Select Multiple Options: (F5)			
provider notified			
administered delirium medications			
labs drawn			
patient room near nursing station			
provided adequate lighting			
provided safe environment			
sitter placed at bedside			
Telesitter			
vital signs taken			
provider encouraged to enter Delirium order set			
family encouraged to participate in care			
MD Paged for + CAM Score			

Positive CAM-
Document symptoms,
interventions and MD's
name who is notified.

