



Texas Child Health Access Through Telemedicine (TCHATT)

JPS Health Network has partnered with The University of North Texas Health Science Center to bring your family a collaborative service that can improve the mental health of your child. This service allows children to see a licensed therapist or psychiatrist through a secure video chat.

What is TCHATT?

TCHATT is a free service for young people in need of urgent behavioral or emotional assessment and care that falls outside of the boundaries a school counselor can provide. TCHATT will help connect families to additional care if needed.

How does TCHATT work?

TCHATT offers a two-step process with the intent to improve the emotional health of your child.

1. In collaboration with your family and your child's school counselor, your child can receive emotional health therapy with a licensed therapist or psychiatrist from the comfort of your own home for free.

Within 4-5 sessions, you and your child will be able to implement therapeutic practices that can help your child improve their emotional health, perform better in school, and improve their overall mental health.

2. After participating with our TCHATT providers, you will have the opportunity to continue with outside mental health services that will be provided by the TCHATT team.

This will give you an appropriate resource for your child's mental health needs.

Who would benefit from TCHATT?

If you have noticed a child experiencing the following:

Changes in Behavior or Mood

- Becoming more isolated
- Caring less about school, friends, or activities
- Changes in overall mood: more sad or angry
- Changes in how they talk or think

Challenges in Relationships

- Argumentative with friends, teachers, or family members
- Sudden changes in friendships or romantic relationships
- Notable disinterest in previously important relationships

Thoughts of Suicide or Self-Injury

- Making statements about not wanting to live
- Not wanting to wake up
- Non-accidental injuries or injuries the child struggles to explain
- Statements about being a burden to others

**Active plans or attempts to inflict harm
requires immediate help.**

Call 911 or go to the nearest Emergency Room.



TCHATT
Texas Child Health Access
Through Telemedicine

acclaim
Improving health together



JPS Health Network
Fort Worth, Texas

hsc
THE UNIVERSITY OF NORTH TEXAS
HEALTH SCIENCE CENTER AT FORT WORTH